



**Make a card to  
deliver to a neighbor.**



**Buy a copy of your  
favorite book  
and donate it.**



**Offer to do a chore  
today  
without being asked.**



**Bake & deliver cookies  
to the local  
fire station.**



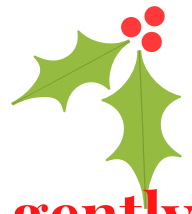
**Ask friends and family  
for canned goods.  
Offer to deliver to a  
local food pantry.**



**Give a compliment  
to your sibling or  
best  
friend today.**



**Call a long distant  
relative to say hello!**



**Donate your gently  
worn winter coat and  
boots today.**



**Sit with someone  
new at lunch today.**



**Share some holiday  
treats with a friend.**



**Hold the door open  
for the person  
behind you today.**



**Leave a thank you  
card for your  
mail carrier.**

**Donate books  
you no longer need.**



**Leave some birdseed  
out for the birds.**



**Write a letter of  
appreciation  
to someone you  
admire.**



**Write a thank you  
note to the custodial  
team at your school.**



**List three things  
you like about  
yourself today.**



**Donate treats to a  
local animal shelter.**





**Ask your grownup  
what they need help  
with today.**



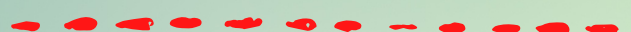
**Donate any extra  
change to a  
local charity today.**



**Invite a loved one to  
watch a holiday movie  
together.**



**Tell your school bus  
driver thank you  
today.**



**Make some drawings  
to deliver to a local  
nursing home.**



**Have a dance party  
in the car today.**

